

## RELEASE OF LIABILITY FOR THE STUDY OF AIKIDO

Ken McGrew Sensei is the instructor for Utsusemi Aikikai and Aikido at UAB. At times he will be assisted by other students or instruction may be provided by guest instructors.

Aikido, because of its physical nature, can present risk of injury, much like any sport. This release is intended to inform you of the potential risk of injury and assure you that, through proper instruction, efforts will be made to reduce that risk. The injuries that could occur from the training of Aikido include disability, paralysis, and death. The resulting social and economic losses resulting from these risks could be severe. These risks and dangers may be caused by the action, inaction, or negligence of the participant or that of the releasees named below.

You are never required to participate in any exercise or movement that you perceive, suspect or fear to be beyond your capacity to perform safely without injury to yourself and others. Parents or Guardians of minor children may also make these assessments of safety and direct their child not to participate in a particular activity.

Recognizing that Aikido is a martial art and that participation in Aikido classes thus entails risk of harm, I/We hereby release, waive, forever discharge and hold harmless for myself and my heirs, next of kin, executors, administrators and assigns, Ken McGrew, Utsusemi Aikikai, Aikido at UAB, and its instructors, assisting students, guest instructors, and proprietors, from all claims, whether contemplated or not, which I, my heirs, executors, administrators or assigns can, shall, or may have reason to make because of my participation in such classes.

It is understood that this is a full and final release of all claims of every nature and kind whatsoever whether in law or equity, and releases claims that are known and unknown, suspected and unsuspected. Each of the undersigned expressly agrees that this release is intended to be as broad and inclusive as permitted by law and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

I have read this release and waiver of liability, assumption of risk and indemnity agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend my signature to be complete and unconditional release of liability to the greatest extent allowed by law.

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature of parent or guardian if under 19: \_\_\_\_\_